Bergen County Board of Social Services

Our Programs and How to Apply

Supplemental Nutritional Assistance Program (SNAP – “Food Stamps”)

SNAP, previously known as the Food Stamp Program, is intended to assist eligible families or individuals with meeting their nutritional needs by supplementing their available income. Funds are issued monthly on an Electronic Benefit Transfer card (EBT) to be used at any supermarket and most smaller grocery stores. Applicants can have anywhere from zero income to 185% of the Federal Poverty level and still qualify for a benefit.

Applications can be taken online at https://oneapp.dhs.state.nj.us/, at our office, at an outreach site or interested parties can call our customer service line at (201) 368-4200 and request a paper application to return to our agency.

Temporary Assistance for Needy Families (TANF)/General Assistance (GA)

The TANF/GA program is designed to assist very low income families with minor children or single adults/childless couples get back on the path of self-sufficiency. Eligible families, individuals and couples will receive a monthly cash grant, issued on an Electronic Benefit Card. Those who qualify will be eligible to apply for Temporary Rental Assistance and for Child Care assistance, if applicable.

Applications can be taken online at https://oneapp.dhs.state.nj.us/, at our office or interested parties can call our Customer Service line at (201) 368-4200 and request a paper application to return to our agency.

Medicaid Programs

The BCBSS administers several Medicaid programs for Bergen County residents. NJ Familycare Medicaid for families. Affordable Care Act (ACA) Medicaid for adults without minor children. Aged, Blind and Disabled (ABD) Medicaid for long term disabled or 65 years of age or older couples or individuals. Nursing Home Medicaid is available to those whom are institutionalized.

Applications for NJ Familycare, ACA Medicaid and ABD Medicaid can be completed online at http://www.njfamilycare.org. Nursing Home Medicaid benefits require a paper application. Paper applications for all Medicaid programs can be received at our office or by calling our Customer Service line at (201) 368-4200.

Additional information about these programs can be found at our website, www.bcbss.com, by calling our customer service line at (201) 368-4200 or coming to our agency.

Bergen County Board of Social Services
218 Route 17 North
Rochelle Park, NJ 07662
Hours of Operation – 8:00am -4:30pm Monday thru Friday; Tuesdays 8:00am – 8:00pm
Phone - (201) 368-4200  Fax- (201) 368-6581
Did you know?

You might be eligible for SNAP if you own your home or have money in the bank.

You might be eligible for SNAP even if you own your home or have money in the bank.

To be eligible for SNAP, you must be living in a household with an income that does not exceed federal poverty guidelines for your household size.

Income standards:
- Low-income families
- Single parents
- Senior citizens
- Individuals

Families First

Go to NHIC.org to pre-screen.

How can I apply?

Go to NHIC.org to pre-screen.

What is SNAP?

SNAP is the Supplemental Nutrition Assistance Program (SNAP). SNAP is a government food assistance program that provides low-income households with benefits to purchase food.

Eligible SNAP recipients can receive a monthly benefit, usually in the form of an electronic benefit transfer (EBT) card, which can be used to purchase eligible food items.

How does SNAP work?

The SNAP program serves as a safety net for individuals and families living in poverty. It helps ensure that low-income individuals and families have access to a nutritious diet.

How can I find out if I qualify for SNAP?

You can find out if you qualify for SNAP by contacting your local Department of Social Services or visiting the SNAP website.

Where can I find more information about SNAP?

You can find more information about SNAP by visiting the SNAP website or contacting your local Department of Social Services.

How can I apply for SNAP?

To apply for SNAP, you can visit your local Department of Social Services or visit the SNAP website.

What can I purchase with my SNAP benefits?

SNAP benefits can be used to purchase eligible food items, such as fresh produce, milk, and other dairy products.

How often can I receive SNAP benefits?

SNAP benefits are received monthly, and the amount of benefits varies based on the size and income of the household.

Can I use SNAP benefits at restaurants?

SNAP benefits can be used at participating retailers, such as supermarkets, grocery stores, and other food retailers.

Can I use SNAP benefits to purchase non-food items?

SNAP benefits can be used to purchase eligible food items, but they cannot be used to purchase non-food items, such as tobacco or alcohol.

Can I use SNAP benefits to pay for medical bills?

SNAP benefits can be used to purchase eligible food items, but they cannot be used to pay for medical bills or other non-food items.

Can I use SNAP benefits to purchase school lunches or snacks?

SNAP benefits can be used to purchase eligible food items, but they cannot be used to purchase school lunches or snacks.

Can I use SNAP benefits to purchase pet food?

SNAP benefits can be used to purchase eligible food items, but they cannot be used to purchase pet food.
¿Qué es SNAP?

SNAP es el programa de asistencia alimentaria de EE.UU. que ayuda a las personas necesitadas a adquirir los alimentos que necesitan para mantener una dieta saludable.

El programa es administrado por el USDA (United States Department of Agriculture) y ofrece una variedad de alimentos, como frutas, verduras, productos lácteos y carnes, a los que reciben en los bancos de alimentos y otros programas de asistencia.

¿Cómo funcionan los beneficios de SNAP?

Los beneficios de SNAP se entregan en la forma de un pasaporte electrónico, conocido como EBT (Electronic Benefit Transfer), el cual se utiliza en los puntos de venta para recibir los alimentos.

Los destinatarios de SNAP pueden comprar alimentos en supermercados, mercados de agricultores y en algunos programas de entrega de alimentos.

¿Quién puede recibir SNAP?

Los que califican para SNAP deben cumplir con ciertos requisitos, como ingresos, residencia y necesidad.

Sólo se puede recibir SNAP si se cumple con los siguientes requisitos:

- Ser un residente de EE.UU.
- No tener ingresos superiores a cierto nivel, dependiendo de la familia.
- No tener activos superiores a cierto nivel, dependiendo de la familia.
- Ser una persona que no puede obtener los alimentos necesarios de otras formas.

NOTA: Las leyes federales pueden cambiar regularmente. Por lo tanto, se recomienda consultar las últimas regulaciones para saber si califica para SNAP en su estado o comunidad.

¿Cómo aplicar para SNAP?

Para aplicar para SNAP, se puede hacer en línea en el sitio web del programa o personalmente en el banco de alimentos o en el centro de salud.

En línea:

1. Visite el sitio web del programa de SNAP.
2. Complete el formulario en línea.
3. Envíe el formulario completo.

Personalmente:

1. Visite el banco de alimentos o el centro de salud.
2. Complete el formulario.
3. Entregue el formulario completo.

Una vez que se apruebe su solicitud, se le enviará una carta con su tarjeta EBT, y podrá comenzar a recibir sus beneficios en forma de alimentos.

¿En qué comunidad puede aplicar para SNAP?

Los bancos de alimentos y centros de salud en todo el país pueden ayudarle a aplicar para SNAP.

¿Qué le garantiza SNAP?

SNAP garantiza que los beneficiarios tengan una dieta saludable en toda la vida, para que puedan llevar una vida más activa y disfrutar de una mejor calidad de vida.

SNAP también ayuda a proteger la economía de los agricultores, al proporcionarles un mercado para sus productos y asegurar que tengan un ingreso estable.

SNAP es un programa de asistencia alimentaria que permite a las personas que necesitan alimentos obtener los alimentos que necesitan para mantener una dieta saludable.

Para más información, consulte el sitio web del programa de SNAP.